VISHWA BHARTI PUBLIC SCHOOL, NOIDA

The March Is On…

Circular No. 24/2026-27 Date: 31/08/2026

HAPPY BRAIN – A STEP TOWARDS STUDENT WELL-BEING

Dear Parent

As per the instructions received from the District Inspector of Schools (DIOS), Gautam Buddha Nagar, the Ministry of Education has initiated an important programme focusing on the mental health and emotional well-being of students. As part of this initiative, the **"Happy Brain"** mobile app has been developed especially for students.

The app provides useful activities and resources to help students with stress management, emotional well-being, mindfulness, attention and concentration, self-esteem, daily mood tracking, and relaxation practices.

Parents are requested to encourage their ward to download and use the "Happy Brain" mobile app. Your support and encouragement will help students develop healthy habits and better manage academic and emotional challenges.

Amita Ganjoo
Principal