



Circular No. 46/2025-26

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FROM SCHOOL TO HOME: AWARENESS SERIES FOR PARENTS

(WEAR HUMILITY LIKE A CROWN, IT SHINES WITHOUT NOISE)

FROM THE DESK OF THE SCHOOL COUNSELLOR:

In the present times, it has become increasingly important for individuals to create a meaningful impact and develop positive, respectful relationships with those they encounter. As our children grow, one of the fundamental qualities that supports this journey is humility. It is a life skill that not only enhances interpersonal interactions but also plays a crucial role in shaping a balanced, grounded, and emotionally intelligent personality. As educators and parents, it is our collective responsibility to guide children towards embracing this quality, helping them understand that being humble does not diminish their abilities; rather, it enhances their ability to connect, collaborate, and contribute meaningfully to the world around them.

We need to tell them –

1. Accept That We Are Always Learning: Understand that no one knows everything. Being open to learning makes us grounded.
2. Listen More, Speak Less: Truly listening to others' thoughts and feelings helps us respect different perspectives.
3. Acknowledge Mistakes: Saying "I was wrong" or "I'm sorry" is a powerful practice that nurtures humility.
4. Appreciate Others' Strengths: Recognising and praising others' efforts helps children learn respect and reduces ego.
5. Be Grateful: Daily gratitude thanking people and acknowledging what we have keeps us humble.
6. Serve Without Expectation: Small acts of kindness, helping others without wanting praise, builds a humble attitude.
7. Stay Grounded in Success: Teaching children to celebrate achievements without comparing or boasting helps balance confidence and humility.
8. Reflect on Behaviour: Asking simple questions: "Was I respectful?" "Did I listen?" "Could I have reacted better?" builds self-awareness.
9. Model Humility at Home and School: Children learn from observing. When adults apologise, listen patiently, or appreciate others, children naturally adopt the same behaviour.
10. Respect Differences: Accepting that people have different experiences, abilities, and opinions fosters humility.

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